



DR. MOLLY FANTASIA

30-YEAR LEADER IN  
IV NUTRITIONAL MEDICINE

## REGENERATIVE MEDICINE

# 21ST CENTURY HEALTHCARE

MSC INFUSED HYDRATION THERAPY

[WWW.INNOVATIVEMEDICALASSOCIATES.COM](http://WWW.INNOVATIVEMEDICALASSOCIATES.COM)

ACCORDING TO THE NATIONAL LIBRARY IN MEDICINE:

"Regenerative medicine, the most recent and emerging branch of medical science, deals with functional restoration of tissues or organs for the patient suffering from severe injuries or chronic disease. The indefinite self-renewal and potential to differentiate into other types of cells represent frontiers of regenerative medicine."

**RESEARCH SHOWS THAT PEOPLE  
WHO MIGHT BENEFIT FROM  
REGENERATIVE MEDICINE INCLUDE**

LONG-HAUL COVID SYNDROME

MULTIPLE SCLEROSIS

PARKINSON'S DISEASE

ALZHEIMER'S DISEASE

HEART DISEASE

ULCERATIVE COLITIS

CROHN'S DISEASE

IMMUNE DISORDERS

BLOOD CANCERS

OSTEOARTHRITIS

POST-SURGICAL

DIABETES





**“DR. MOLLY WAS THE FIRST AND ONLY DOCTOR  
TO GIVE ME HOPE.”**

**Andy was in his late twenties, enjoying a flourishing career as a personal trainer for a large athletic company. He was one of the most successful top-performing trainers on the East Coast. But one day, Andy suffered an injury at his workplace. He lifted some weights and as he puts it, “something just snapped”. He had trouble standing and walking. Andy was in constant pain.**

**After submitting a workman’s compensation insurance claim, Andy was permitted to see only one doctor. He felt the insurance adjusters were not interested in helping his symptoms due to cost, which made the process extremely frustrating. Surgical outcomes were not deemed ideal for his injury, so the doctor prescribed only pain medications for relief. Andy did not get any real help or treatment for the chronic pain, which got significantly worse over time.**

The doctor told Andy there was nothing else they could do for him and recommended he be “released from care”. This was an option to end his workmen’s compensation coverage unless he wanted to file for permanent disability instead. Andy was still in pain but assumed he would return to work after being released from care. Instead, Andy received an email from his employer stating he was “let go”. This rising star in the fitness world was left with no job, no unemployment benefits, no insurance, no doctor, and lots of pain. He was in agony and in despair for years, even seeking help for suicidal ideations at one point.

Andy’s fiancé is a healthcare company representative. She relayed her concerns about Andy’s condition to me, and I shared my initial thoughts and ideas with her. She immediately referred him to our clinic. Andy was skeptical about hydration therapy but did some research and checked in with his mother, a registered nurse. She agreed with our innovative approach. At this point, I was the only medical professional to give Andy hope that his pain would not last forever.

**Our treatment plan would include regenerative medicine. We could introduce exosomes, small vesicles of proteins that contain growth factors.**

**These proteins work to repair, replace, or rejuvenate damaged or dysfunctional cells. The goal of regenerative medicine is to create good inflammation that the body needs to heal its injuries. Corticosteroids offer this type of relief temporarily but do not yield long-term results.**

**The bigger goal was to assist Andy's body to repair its own tissue.**

**Regenerative science is touted as the 21st century medical breakthrough in treating disease but is still considered largely experimental. This medical treatment can potentially spur your body's natural ability to heal itself. There are a lot of integrative clinics that proclaim many amazing things regenerative medicine can do for patients, and I believe all of it. But I strongly believe that we can make these proteins more effective in their goal. They are the seeds we plant, but we must also water and feed them. Nutrition, particularly when delivered intravenously, does that and much more.**

**This type of medicine is not a one and done deal. The first several IV treatments supplied Andy's body with nutrients that would act as exosome activators. They would give those proteins what they need to do their job more efficiently. We also included amino acids to enhance communication between the cells and interleukins, another type of protein, to strengthen his immune system. After that, we continued to "feed and water" the exosomes with the most appropriate nutrition throughout treatment.**

***Andy: "It's the only marked improvement since my injury, and I can't think of any higher praise."***

**Chronic pain is often debilitating. It can drive people out of their minds. Much like Andy's case, pain medications and conventional treatments can only go so far to mask the symptoms.**

**After only six months of treatment, I am happy to say that Andy achieved a 50% reduction in pain. He has since significantly lessened his reliance on pain medications and continues physical therapy in hopes of returning to the work he loves soon. After several years in agony, Andy can now sit, stand, and walk without pain. Andy is enjoying a quality of life again.**





“Quality of life” is a very subjective term.

*To me, it means we feel like we are living our lives  
and not just surviving another day.*

If someone can no longer do what they used to enjoy, they may begin to feel rather defeated. They may not all be able to do what they love as vigorously as they once did years ago, but it does not mean they should fail to enjoy a quality of life they have come to expect on a physical, mental, emotional, or spiritual level.

**How well my patients have an  
ability to live a quality daily life  
is the evidence-based medicine  
I rely upon in my practice.**

*Dr. Molly Fantasia*

**Schedule your in-office  
FREE CONSULTATION**

**Find out if *Regenerative Medicine*  
is right for YOU!**

**856-489-0505**